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THE OBSERVER

FREE TAKE ONE | VOL. 84, NO. 4 | FEB. 4 - 10, 2010 | www.cwu.edu/~observer

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COVER ART BY FAWN FLOYD

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FIGHT AGAINST TUITION HIKES AND STATE EDUCATION CUTS P.3

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DOG SEES GOD P.11 CHARLIE BROWN COMES OF AGE
RUGBY! P.21 NOT JUST FOR BOYS

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Corrections

In last week's issue:

- On page 16, the cutline of the track and field event was mislabeled. The person in the photo was not Mychal Ostler. It was Brennan Boyes.

VISUAL STIMULATION



PETE LOS

I love to write and I assure you I write regularly ...
But I write for myself, for my own pleasure. And I
want to be left alone to do it.

- J.D. Salinger

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Ask AMANDA

Amanda, is the saying "Liquor before beer, you're in the clear; beer before liquor, never sicker!" true?

I do love the knowledge we're getting from college! If we learn one thing, hopefully it's how to drink...maybe even knowing the difference between high-risk and low-risk. The saying is a myth; hate to burst your bubble.

Even though some students may think otherwise, the truth is, alcohol affects everyone differently. Are you willing to make a date with the toilet by starting your Friday night off with beer and ending it with liquor?

Unfortunately, it doesn't matter what alcohol you start and end the night with, a drink is a drink and too much of any mix can and probably will make you sick.

As I see it, the more beer you drink, the more it starts tasting like water. After about four or five beers, you might be drunk and a shot of raspberry vodka will taste like candy. Ending result: puke.

On the contrary, if you start the night off with a nice double shot round of good ole' Admiral Nelson, add two Red Bull and vodkas and move to beer your chances of spending the night in the bathroom are about the same.

When people get sick after consuming a Bud Light and then a large amount of, let's say vodka, they accuse it of being the order in which they had the drinks. What probably happened is that they just had too much to drink.

So if you choose to drink feel free to start the party with the crack of a Coors, or a shot of the good stuff. But you also might consider some low risk choices. Like, only one an hour; drink water or non-alcoholic drinks in between; eat lots of food; and no matter what, don't drink and then drive.

Hope that helps!

-Amanda

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Walkin' out

Students plan Friday protest over rising cost of education

BY ANTHONY JAMES | Sr. News Reporter

For a second year, students will walk out of class Friday to protest a second proposed 14 percent tuition increase and two bills being debated in Olympia.

Organized by the Associated Students of Central Washington University Board of Directors (ASCWU-BOD), in conjunction with the Washington Student Association (WSA), the walkout will be in protest of two bills filed last month in the state legislature: House Bill 2946 and Senate Bill 6562. Public universities across the state have similar walkouts planned for Thursday or Friday.

"We're trying to get students aware of what's going on and let their voices be heard," said Anthony Peterson, ASCWU-BOD vice president of student life and facilities.

Students will meet at noon on the west patio of the Student Union and Recreation Center and walk to the Board of Trustees meeting. The event will be similar to last year, where dozens of students packed the meeting room as trustees debated a 14 percent tuition increase.

In addition to the two bills being debated by the legislature, a second 14 percent tuition increase is possible, raising resident undergraduate tuition \$772 to \$6,289 a year.

The WSA is promoting the statewide walkout. On President's Day, Feb. 15, the WSA will also sponsor the annual Lobby Day event in Olympia. The ASCWU-BOD will provide a bus to transport to and from the events.

The companion bills, sponsored by Sen. Derek Kilmer, D-Gig Harbor and Rep. Kathy Haigh, D-Shelton, would shift the power of setting tuition increases to each university's board of trustees. The state's three largest public universities – University of Washington, Washington State University and Western Washington University – have lobbied heavily in favor of the bills.

A public hearing for the Senate bill was held Jan. 20. The House bill has yet to have a public hearing.

Also planned are three flash mob events Tuesday and Thursday in the SURC. Students can also sign up in the ASCWU-BOD office to ride the free bus to Olympia on President's Day. The Central branch of



QUINN EDDY

GET UP, STAND UP Students gathered at the Board of Trustees meeting last May to protest the proposed 14 percent tuition hikes. Protesters will meet this Friday at noon on the SURC west patio.

the Washington Student Association also has a group on Facebook and a YouTube account.

On Monday, an event was held in the SURC where students were able to check their outstanding loan balance and speak in a video to legislators about how higher tuition and lower financial aid would affect them. About an hour into the event, four students with a combined loan balance of \$53,965 had participated.

Perris Davis, senior political science and public policy major, said the event was designed as an easy way for students to let their voices be heard. According to Davis similar events may be planned for the future.

Jack Barry, ASCWU vice president of political affairs, said the events are designed to let legislators know how important the issues are to students.

"They've cubby-holed higher education for so long," Barry said.

No one group is at fault for the rising cost of education, Barry said, but the goal is to "stir the pot."

"Of course it's not entirely the board of trustees' fault and it's not the faculty's fault," Barry said.

Barry said he is working with Peterson and Megan Hammond, ASCWU-BOD vice president of academic affairs, to motivate students to follow their elected officials.

"People have to be pumped up about it," Barry said. "I want people to say, 'The person I didn't look after is screwing me over in the legislature.'"

For more information on what you can do:
See "Editor's Note," on page 9.

Faculty urge students to stand up, speak out

BY LINDSAY TROTT | Staff Reporter

With budget cuts and tuition increases looming, now more than ever Central faculty and staff are encouraging to get involved and fight to make a positive change.

Within the next thirty days, big bottom-line decisions will be made regarding the budget, and students have the power to make a change. The problem that many students face when considering what they can do to speak out against budget cuts, many feel their voices may not be heard.

"It's almost an excuse," said John Drinkwater, senior director for Campus Life. "Let's stop denying that we are in tough times and work to change it."

Drinkwater believes that students need to get organized to change the tuition increases and budget cuts before they become too out of control, which may cause students to not be able to attend school.

"There's only so much financial aid to go around," he said.

Drinkwater advises concerned students to have their parents write letters to legislators urging them to stop increasing tuition and increase funding for higher education because legislators are going to listen to voters.

Students themselves however should rally together, because the higher the

number of students the more impact they will have on getting the message across to legislators who are making the important decisions about their future.

There are a series of upcoming events on campus that are aimed at getting students involved in knowing what is going on with legislative matters. On Friday Feb. 5, there will be a Walk Out for students to rally against budget cuts.

"Hopefully, we will be marching to the Board of Trustees meeting to make sure the trustees know the students hearts," said Jack Barry, ASCWU-BOD Vice President for Political Affairs.

There will also be a statewide protest and rally in Olympia that will be held February 15. Students interested in attending the rally will be able to take a coach bus over to Olympia.

Lisa Schactler, Public Affairs Liaison for Central, also strongly believes that students have a say.

"Students have a very powerful voice in Olympia," she said.

Schactler believes that students have such a powerful voice because legislators want to put a face to the budget cuts and see how it is affecting those pursuing higher education.

"Funding for higher education hasn't been a priority for the past 10 years," she said.

"Hopefully, we will be marching to the Board of Trustees meeting to make sure the trustees know the students hearts."

JACK BARRY
ASCWU-BOD Vice President for Political Affairs

Schactler explained the while funding for community colleges is up 28 percent public universities get a 7 percent funding cut.

"There is the perception that community college is the place to go for work force training," Schactler said.

Along with budget cuts, work study is proposed to be cut along with several scholarships, such as the Future Teachers of

America Scholarship, and the Washington Award for Vocational Excellence among others.

"Finding students to come in and speak puts a face to the numbers and helps provide an important case to why higher education is important and changes lives," Schactler said.

John McKean, legislative liaison for Central, said that last year's lack of student presence inspired him to get more involved, and he believes the message of how important it is to stand up to issues that directly affect them is now resonating with students.

"We're hoping to have as many people on February 15 as possible," said John McKean.

Along with the walk out on February 5 and the rally on February 15, there are many other things that students can do to fight to change the budget cuts and tuition increases.

Students can visit www.wastudents.org which fights for issues that directly affect students such as keeping tuition affordable, financial aid support from the state and federal Government, putting a stop to high textbook prices, and promoting campus safety. The Web site has information on upcoming events and petitions to sign.

Finding your own legislator (from your hometown) and writing a letter-not e-mail with a contact address, Calling 1-800-562-6000 and asking to leave a message to the Governor's office, visiting www.wastudents.org to sign petitions, and actually going to speak to legislators on Feb. 15 can make an impact.

State of the University

President Gaudino outlines Central's comprehensive plan

BY ANDREW RIED-MUNRO | Staff Reporter

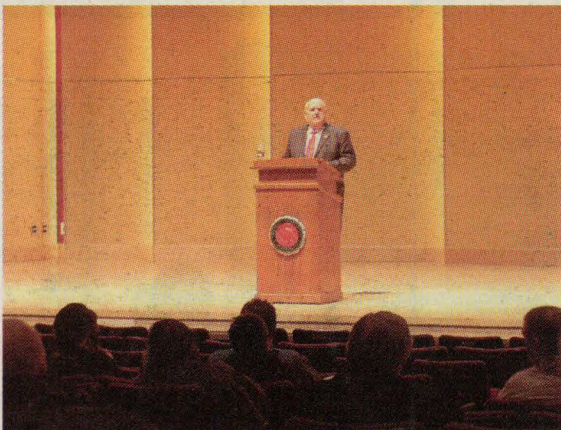
Last Thursday, during the annual state of university address, Central Washington University President James Gaudino stood in front of approximately 220 students and faculty in Central's music building recital hall and explained that Central cannot stand by and let things continue the way they are.

"I believe if current economic conditions and political priorities prevail, all of our state's universities will likely see a long period of declining quality, access, and affordability if we continue business as usual," Gaudino said.

Gaudino mentioned throughout his address that there was a storm ahead of the university, the storm he referred to was the immense budget crisis that Central is facing.

"Yes, there is a storm – a long, dark storm that, truth be told, frightens me," Gaudino said. "As I see it, we have three choices: one is to retreat; another is to strap ourselves in and wait out the storm. The only responsible choice is to chart our course through the rough waters to get to where we choose to be."

Gaudino's plan is not to look at what Central has done in the past, but rather what Central should



KARA SMITH

STATE OF UNIVERSITY President Gaudino tackled Central's budget issues in the State of the University.

do going forward. Gaudino said there are five basic steps the school should make that he likes to call "battening down the hatches."

"One, we will fully implement and honor shared

governance. Two, we are harnessing our information systems to enable data-driven, collaborative decision making. Three, we are building realistic budgets and fiscal goals. Four, we are enhancing our system of assessment. Five, we must integrate planning, assessment and budget," Gaudino said.

According to Gaudino, problems and opportunities do not just belong to students or faculty, but students and faculty, and that is called shared governance. Vice President of Business and Financial Affairs Bill Vertrees was already directed by the president to make changes to Central's outdated information system in order to fully implement a more effective information system. Vertrees' department is also creating new budget models and spending reports to realistically show the fiscal activities of the university. Assessment is important in a university, so the president has asked his four vice presidents to create programs of assessment for each of their departments. Then the university must combine all of them to get ready for the storm.

CONTINUED ON P.7

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The Observer

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Let's talk about sex, baby

Sexual Responsibility Week brings passion parties, sex talks to student body

BY KELSEE DODSON | Staff Reporter

Passion parties, racy sex talks and a giant bed in the Student Union and Recreation Center (SURC) – that's what's in store for Central's Sexual Responsibility Week.

From Feb. 8 - 12, the Wellness Center will be hosting a week aimed at promoting safe sex to students who choose to be sexually active. Not only will students be educated about safe sex practices, but they will also have the chance to absorb important, general information about sex.

"I just want students to be aware that having sex is fine, just practice it safely," said Amanda Sell, junior public health major and coordinator of the event.

The Wellness Center hopes to show how to prevent pregnancy and sexually transmitted infections (STIs). Also, organizers hope to encourage students to have healthy relationships. The importance of talking to their partner about sex and their intimate relationship is also a vital point the center hopes to get across.

There is an event planned each day that will help bring awareness to students in a fun and creative way.

"I just want students to have fun and not do the same old boring 'walk by my table and win free prizes,'" Sell said.

Starting Monday, there will be a large bed near Cattrax East in the SURC that students will be able to sign their names on. This is to show how easy it is to get into bed with someone and not know who else has been there before you.

At 7 p.m. in the SURC Pit, Central will host its first annual dating game. Anyone can participate, from singles to people in relationships. This game resembles the 1960's Newlywed game.

Tuesday from 10 a.m. to 2 p.m. there will be a tabling event in the SURC called "Food For Thought," which aims to dispel common sexual misconceptions young adults have.

Kate Sansom, senior public health major, thinks that not only will "Food For Thought" be successful, but so will the whole week.

"It will be successful by saying it's okay to be sexually active," said Sansom. "But you should know the importance of protecting yourself."

At 6 p.m. Wednesday night in the SURC Pit, any questions or concerns about sex will be answered in an event called "Sex Talk," which closely resembles "Sex Talk With Sue Johanson."

Jennifer Lehmbeck, Ph.D., public health and health education professor and Kris Espinoza, health education professor, will lead the discussion. Students will have the opportunity to ask questions, or just sit and listen. Either way, it is a chance to become educated and aware of sexual responsibility.

"We're not trying to scare anyone, we're just trying to be open," said Andrea Easlick, health educator in the Wellness Center.

On Thursday, a passion party will be held in room SURC 301, which will be hosted by Pure Romance.

The Wellness Center decided to bring the event back this year since it was so successful last year. Anyone is welcome to attend. There will be free gifts and discounts on many of their products.

On Friday, the "Safer Sex" wheel will be displayed in the SURC. Organizers are asking students to stop by and spin the wheel to win prizes.

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Richard DeShields

Housing director, human sexuality professor lives the job

BY KELLY REQUA | Staff Reporter

Laughing and joking with students before class, Richard DeShields starts up the power point with the word "androgyny" lighting up the projector screen. So begins another lesson in human sexuality.

Stepping out from his desk to the center of the room, DeShields opens the class with his Texan accent. Spreading his arms wide, he explains that at one side of his spread arms are feminine traits and the other is masculine, and that we all have some of both. The students decide to place DeShields in the middle; manly but in touch with his feminine side too. As a teacher, housing director and friend to many students, DeShields has a knack for relating to all things student.

DeShields has been the senior director of University Housing and New Student Programs for the past four years. He came to Central in 2002 and worked as the director of residence life and the assistant director of housing.

Never in his office for long, DeShields can be found in the residence halls or walking through campus daily. Known for his dedication to housing, DeShields immerses himself in his work entirely and makes it a mission to be on campus working for students.

"His job is such a lifestyle for him, it's hard to keep up with him," said Jenna Hyatt, director of residence life and new student programs. "For him, it's not work. It's just pure lively fun and yet appropriately serious."

Unlike most faculty, DeShields has chosen to live on campus for almost the entire time he has been at Central. He currently lives in the Getz-Short apartments, but has lived in Brook Lane and Anderson hall as well. DeShields admits that some of his colleagues think he's crazy for living on campus, but he enjoys it and feels it's necessary to stay in touch with students.

"I do believe it helps me have a better pulse on what I do and it helps me relate to students experiences," DeShields said.

DeShields has been involved in housing ever since he was a student and residence advisor at Texas Tech University. A native of Texas, DeShields had always been an excellent student and was the first in his family to attend college. DeShields majored in communication



KATHARINE LOTZE

RICHARD DeSHIELDS Senior Director of University Housing shows off the Wendell Hill Hall floor plan, donning a hard hat and glasses to protect him from the elements.

and elementary education and taught second grade for a year before he decided to pursue his master's degree at the University of Central Arkansas. Going back to school, DeShields worked as a hall director and a residential college director where he cultivated his passion for students and housing.

After receiving his masters in community counseling and education from the University of Central Arkansas, DeShields began job searching in the Pacific Northwest, a region he always wanted to live in.

"People here value family and community and people seemed to be close knit so I knew I wanted to live in the Northwest," DeShields said.

As the senior director of housing, DeShields responsibilities include ensuring that students have quality living environment and to keep the costs of housing low. Besides managing housing, DeShields also teaches the human sexuality course for the department of family and consumer sciences.

Ivana Trotman, sophomore undeclared, met DeShields through the Res-

idence Hall Association and is currently taking his human sexuality course.

"He's to be taken seriously at times, but he has a lot more fun than serious moments," Trotman said. "He's someone I aspire to be like. He sees more in me than what I see in myself."

DeShields enjoys teaching and believes his class can help students deal with real life issues.

"Some people think it might be a fluff class because there are funny moments but I do think a lot of students learn," DeShields said.

When not teaching or working DeShields spends most of his free time going to events and student programs on campus.

"I go to a little bit of all of them, because I'm not an athlete I'm not as inclined to go to athletic events but I still do go ... I try to go to programs when students invite me," DeShields said.

With no family in Ellensburg, DeShields is able to devote his energy and time towards interacting with students and staff. He uses methods like Facebook and AOL instant messenger to ensure students can easily provide feedback on their housing concerns.

DeShields believes that students at Central often sell themselves short and consider themselves not as competitive as students that go to larger universi-

ties, but he disagrees with that.

"I have a personal mission to help students here know that they are just as good and just as smart and I know this by interacting with them by having them in the classroom," DeShields said. "Students here at Central need to not sell themselves short."

DeShields is also the president of the Northwest Association of College and University Housing Officers, a volunteer organization dedicated to coordinating and sharing ideas between university housing officers.

According to Hyatt, DeShields is very involved nationally in the housing profession and has held a lot of responsibility.

"In the big picture of what we do, he has a big name for himself out there and that really reflects back on Central because of all the hard work he's done nationally," Hyatt said.

In the future DeShields would love to stay at Central, but he has a professional goal to someday become a vice president of student affairs and enrollment management and possibly a president of a university. His next goal is to finish his doctorate but he is not sure when that will be.

"I know that regardless of when it is I'll always have a positive view of Central," DeShields said.

STATE OF THE UNIVERSITY CONTINUED FROM P.4

Gaudino said it is not enough to just batten down the hatches. He explained that while important, these first five steps will not get the university to its end goal alone. The school must also chart where it is going and set sail, so Gaudino has launched five other initiatives to help set Central on its way.

"One, we must initiate a continuous planning process. Two, we must develop a comprehensive enrollment plan. Three, we must expand our strategic communication and advocacy efforts. Four, even though it is already an area of strength, we must further expand our community outreach. Five, we must create a climate of inclusiveness," Gaudino said.

Central has already launched a visioning exercise

that will move the university to the next step. Vice President Charlotte Tullos was asked by Gaudino to create an enrollment program that she has already started with her staff. The school has also set forward a plan for better communication to help tell Central's story. Gaudino has also asked Dr. Libby Street to move from the presidents office to University Advancement where she will create a system for organizing and effectively deploying ways to advocate to the Washington State Legislature about our budget. Central is doing community service, but Gaudino thinks we can do more around the community because helping them helps Central. A couple weeks ago, Gaudino launched his Inclusiveness Initiative to make more people feel included.

"I'm impressed that he has communicated at this point we don't have all the answers," said Ian Camp-

bell, assistant director for Access Technology in the Center for Disabilities Services. "I also like that he is saying we need to "batten down the hatches" and the institution will ride out the storm, but Central will emerge strong on the other side."

There are those, however, who disagree with the presidents goals.

"In theory, the goals that he has lined out for the future of Central sound great but the process sounds difficult," said Anthony Peterson, senior law and justice and sociology major.

Gaudino said that the Central community as a whole does not have to wait for a rescue boat that will not come. Central needs to modernize and breakdown wrong assumptions. Gaudino promised that if Central does those two things, it will have everything to make itself strong.

TRACE BUNDY

Guitarist pushes musical boundaries

BY AMANDA MILLER | Senior Staff Reporter

Ten-year-old Trace Bundy didn't have musical fame on his mind when he and his brother pooled their money to buy a guitar. He couldn't afford guitar lessons but that didn't deter him from pursuing his newfound fascination with music. He bought a copy of *Guitar Player* magazine and taught himself to play the five heavy metal songs within.

Bundy, who performed last Monday at CWU, is commonly known as the Acoustic Ninja. He really liked ninjas as a child and often dressed as one for Halloween. He later titled one of his songs, "Acoustic Ninja."

"When I named it that I thought it was a funny combination of words that don't usually go together," Bundy said. "I was in no way referring to myself but it eventually was used to refer to me."

Bundy began his performance by "warming up" with his song, "Porch Swing." He played both melody and bass on his new Breedlove guitar, using the long fingernails of his right hand in place of a pick and occasionally smacking the strings with the heel of his hand. The result left listeners looking for clues as to how he was able to create and weave together so many sounds at once.

"If you look really close, he's got 15 fingers," said Scott Drummond, director of campus activities.

Bundy continued to amaze his audience with Pachelbel's Canon and his own "Love Song," which he wrote to remind himself to play out of love.

"It doesn't always feel like a passion," Bundy said. "At the end of a long tour it feels like hard work."

Despite the hard work, Bundy finds ways to play with music. He delved into the world of backwards music and played an old Irish hymn backwards. While he played, he pressed "record" on his looping device. Then, because "two backwards equal a forwards," he played his recording in reverse and out came "Come Thou Fount."

Another way Bundy plays with music is by creating medleys. He performed his "Oldies Tribute Medley," which included songs from the late '50s through the early '90s, such as "Pretty Woman," "Stayin' Alive" and "YMCA." Thanks to Bundy's encouragement, a few audience members sang along to various songs and threw their hands up for "YMCA."

Bundy dedicated his next song, "Refugee," to the refugees in Haiti. He wrote it after spending time with refugees in Seattle. At the start of the song, he put three capos on the neck of his guitar. Capos are small clamps that hold down the strings. Toward the end of the song, he stripped off the capos and kept playing. This was representative, he said, of refugees who, despite being stripped of their home and possessions, continue to live, to play on.

Bundy went "back to [his] roots" with his next song, "One," by Metallica, which he learned to play when he was 10 years old.

"I don't totally remember how to play it on guitar," Bundy said. "So I'll play it on my iPhone."

Using an iPhone application, Bundy stood to perform this song for a more "rock and roll style."

Before playing his next song, "Dueling Ninjas," Bundy apologized for the violence to come. His right and left hand would duel during this song, he said, but promised it would end in a hug. Per his request, the audience "aww-ed" when his hands "hugged" at the end of the song.

That was the favorite song of James Carr, senior film and video studies major. Carr came to Bundy's performance dressed ninja-style, with a black t-shirt wrapped around his head. He grew up in a music-infused environment and enjoys coming to Bundy's performances.

"It's fun to see what can be done," Carr said.

Bundy rarely sings but honored a request to perform "8 mile," by Eminem. He even threw on a grey beanie to get in the mood as he rapped to the sound of his guitar. Audience members burst into applause when they recognized the song and faces scrunched up in laughter.

Bundy said he has a horrible singing voice and used to think it would hold him back musically.

"Because I have a bad voice, I put all my energy into playing the guitar," Bundy said. "What I thought was a curse really turned out to be a blessing in disguise."

Bundy's lack of lyrics make choosing song titles difficult, so he relies on mental imagery he gets while playing or will name songs after cities he played in or events that happen while he travels. He has performed across the globe, from Asia to Africa to Central America, all over Europe, and in the United States and Canada.

Bundy also travels to a remote village in Guatemala on occasion to visit the family he and his wife sponsor through Agros International, an organization that fights poverty. He enjoys interacting with the residents, who mostly speak an old Mayan language, and plans to return there soon after his performance at Central.

Bundy said that Central is one of his favorite colleges to perform at because the students and community members are "amazing."

"As long as people like that keep coming to the show, I'll keep coming back," Bundy said.

Mitch Melin, a 22-year-old carpenter, has seen all four of Bundy's performances at Central and brought his video camera with him to record the show. He loves watching Bundy's dexterity as he uses both hands on the neck of his guitar.

"If you haven't seen him yet, come next year," Melin said.

To learn more about Trace Bundy, visit his Web site:

www.tracebundy.com



BRIANAN STANLEY

TRACE BUNDY Photos from Trace Bundy's performance in the Student Union and Recreation Center Ballroom on Monday, Feb. 1. His wife, Becca, assisted in playing a song with him.

“Dog Sees God”

Play tackles issues; reflects on journey for self identity

BY CHRISTINE JAHNS | Staff Reporter

A play based on the beloved Peanuts comic strip, “Dog Sees God” imagines what the gang would be like as teenagers. Drugs, sex and suicide surround the characters as they come to grip with their own identities.

The play is not officially affiliated with Charles M. Schulz, the creator of the comic strip, but instead writer Bert V. Royal used different names for the characters to avoid copyright infringement. The story starts after CB’s (Charlie Brown) dog dies of rabies. It follows CB, CB’s sister (Sally), Van (Linus), Matt (Pig-Pen), Beethoven (Schroeder), Tricia York (Peppermint Patty), Marcy and Van’s Sister (Lucy).

“Everyone can relate to one of these characters,” said Alli Doyle, senior theatre major and stage manager. “These are things that are really happening.”

Director, Kathryn Stahl, senior theatre major, saw this play as an opportunity to reach out and identify not only with the students at Central, but also some of the high school students who may be struggling with their own identities.

“Many of these things are so common in today’s society,” Stahl said. “Especially for younger kids.”

The production has little faculty involvement and is primarily student-run. This proved to be a learning experience for many of the students participating in the show.

“It’s been interesting,” said Patrick Polsin, junior theatre major and the role of Beethoven. “It teaches you a lot about how to work and a lot about yourself.”

Sam Shields, senior theatre major and costume designer, helped with last

quarter’s “Stop Kiss” costumes. From there she was allowed to take on all of the costumes for “Dog Sees God” and has seen it as a good growth experience.

Stahl was in New York for one of the weeks of production and the students had to run through rehearsals with no director. A few faculty members were there to help, but it showed the students how much they could accomplish on their own.

The actors have also been able to refine their work as well. Lauren Pearsall, junior theatre major and understudy, has been given the task of learning all four female characters.

She has to be able to take over in case any of the female leads cannot perform.

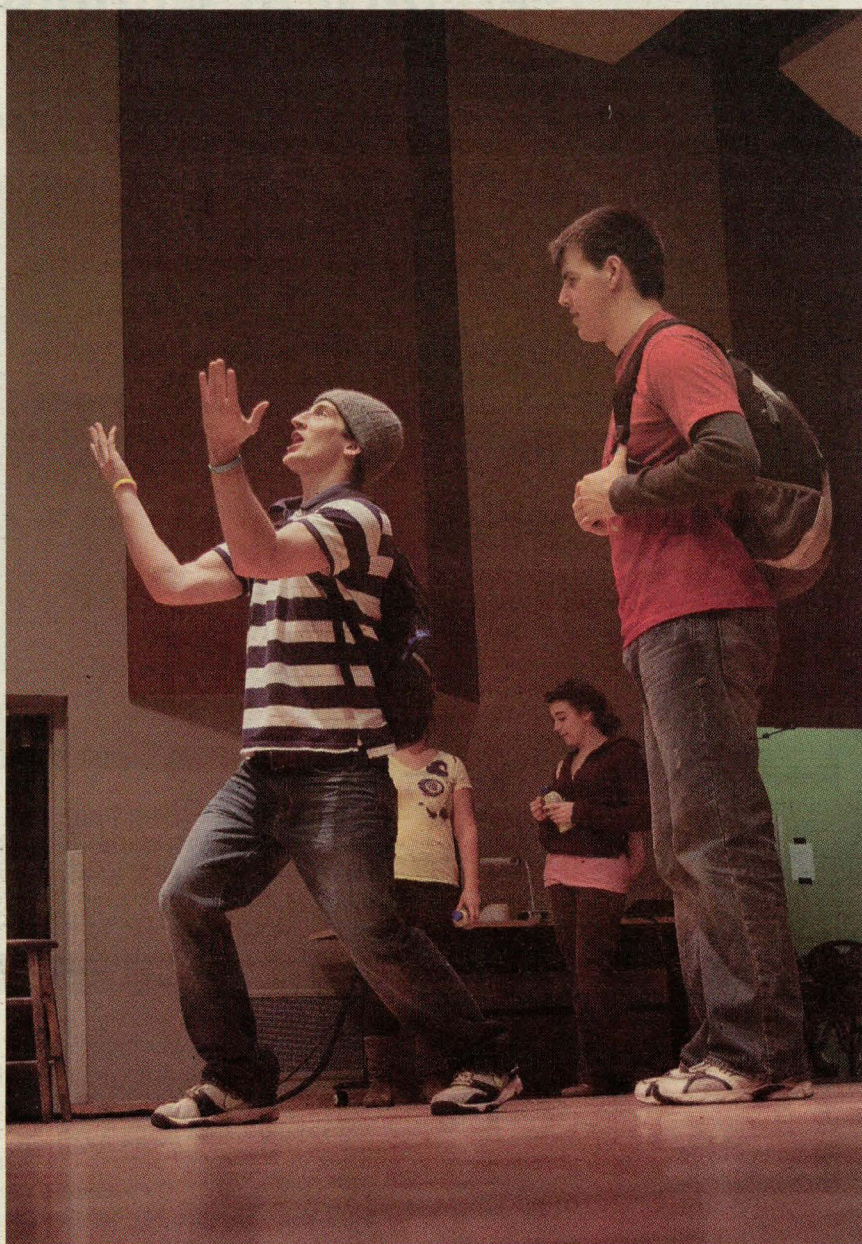
“It’s definitely been a new adventure,” Pearsall said. “Because usually understudies only do one character.”

The male and female understudies will be able to perform one of their characters with the rest of the cast on the Sunday performance of the show.

The consensus on the rehearsal set was that this show is meant to showcase the difficulties with coming to terms with one’s own identity. Teenagers and young adults face a variety of challenges on a daily basis and the cast hopes this play will help at least one person realize that it is okay to be themselves.

“I want this show to be for that one kid, that one day who shows up,” Stahl said. “I think that’s very important.”

Performances of the show are Feb. 4-6 at 7 p.m. in Hertz Auditorium. Tickets are \$8 general admission and \$5 for Central students with ID.



BRIAN IIYAMA

“DOG SEES GOD” (Top) Matt, played by Justin Brown, describes the miracles of birth and death to his friend CB, played by Tyson Dailey. (Bottom) Director Kathryn Stahl illustrates how she would like characters CB—played by Tyson Dailey—and CB’s sister—played by Kelley Pierre—to react in a scene about a question of loyalty.

Bring on the bands

Diamonds Under Fire, Ecstasy in Numbers bring on the heat

BY JOHN BARAN | Staff Reporter

Hoping to give Ellensburg a taste of different music, Raw Space will be hosting two unique shows this weekend. At 8 p.m. on Feb. 6, Ecstasy in Numbers is coming to showcase their unique jazz-fusion music. At the same time and venue Feb. 8, Diamonds Under Fire is performing their grunge infused style of music.

"We are a mix," said Garey Williams, drummer from Ecstasy in Numbers. "It's funk, fusion and more."

Each member of Ecstasy in Numbers uses the talent they possess as the driving forces behind the music. It is common to have unique bass fills, soulful guitar solos and riffs, fascinating drum fills and interesting rhythms to create multi-layered songs, taking influence from musicians such as Pat Metheny, Jeff Beck, Allan Holdsworth and Rush.

"Each performance is a journey," Williams said. "It's never the same night twice."

Ecstasy in Numbers originally formed in 1986, when Williams met guitarist, Mike Mattingly, while attending Central. The band got back together in 2001 and has performed in numerous clubs in Seattle since reuniting.

According to Williams, each performance relies heavily on how the crowd reacts.

"The audience is a major participant on how we play," Williams said. "From kids to seniors, everyone is blown away."

Also performing at Raw Space is the one-woman band, Diamonds Under Fire. Opening the show will be Kyle Smeback, a local acoustic act.

Vanessa Silberman, the sole mem-



COURTESY OF WWW.DIAMONDSUNDERFIRE.COM

DIAMONDS UNDER FIRE Vanessa Silberman is the sole member of Diamonds Under Fire, who will performing on Monday, Feb. 8 at Raw Space.

ber of Diamonds Under Fire, uses her hypnotic voice, combined with clean and heavily distorted guitar riffs, and driving drum beats reminiscent of 90's grunge to create a distinctive sound. She is currently listening to a lot of hip-hop but claims to love all kinds of music.

Diamonds Under Fire started in 2001 and has since shared the stage with many notable acts such as Rachel Cantu, Elle Macho, Mr. Gnome and numerous others. Silberman was also featured on Guitar Player Magazine in June 2007.

According to Silberman, she plays almost all the instruments on her record but may have another musician accompanying her at the show.

"Diamonds Under Fire is not like

anything else right now," Silberman said. "If you don't come you'll be missing out on a good time."

The Ecstasy in Numbers show will cost \$5 and Diamonds Under Fire will cost \$10. Both performances are at Raw Space, a performing arts venue located at 119 E. Fourth Ave.

For more information on Diamonds Under Fire, visit her Web site at:

www.diamondsunderfire.com

For more information on Ecstasy in Numbers, visit their Web site at:

www.ecstasyinnumbers.com

CMJ Top Ten

The latest tracks you should download (legally).

1. "Zero" by Yeah Yeah Yeahs
2. "The Rake's Song" by The Decemberists
3. "This Tornado Loves You" by Neko Case
4. "Snookered" by Dan Deacon
5. "When I Grow Up" by Fever Ray
6. "Nothing To Worry About" by Peter Bjorn and John
7. "Take My Heart" by Black Lips
8. "Never Had Nobody Like You" by M. Ward
9. "All We Want, Baby, Is Everything" by Handsome Furs
10. "Daniel" by Bat For Lashes

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4:00 p.m.

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and their souls will understand...
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Winter Wedding and Event Expo

Event showcases what local businesses can offer

BY LURA TREIBER | Staff Reporter

Planning a wedding, class reunion or other large gathering can be very stressful and time consuming.

There are many parts to these events that need to be taken into consideration, food, decorations, invitations, seating and much more.

To help in this process, Central Washington University's Student Union Operations is putting on the 2nd annual Winter Wedding and Event Expo from 11 a.m. to 4 p.m. on Saturday, Feb. 6 in the Student Union and Recreation Center Ballroom.

This event will bring together local businesses that provide services often needed to put together a party or wedding.

"It's kind of like a one-stop shop," said Amy Alder, scheduling and marketing supervisor for Student Union Operations. "We want to put brides and other people in contact with people they might not realize provide services."

There will be at least 44 vendors showcasing their products this year, up from 30 in 2009.

Vendors will include catering businesses, florists, photographers, event planners and hair stylists. Many of the vendors are local Ellensburg businesses, but there will also be businesses from the Yakima and Wenatchee Valleys.

"If you are planning on having a wedding or event, this will give a good representation of what's available in the area," said Cherie Wilson, associate director of Student Union Operation. "It allows students to see what downtown offers."

Admission will be \$3 per person, \$5 per couple or pair of individuals,

and children 12 and under are free. Parking is also free.

"It gives them a chance to meet [business owners] and get to know them a little and decide if they are right for them," Alder said.

There is a new addition to the expo this year - wine tasting brought to the event by Gifts of the Vine, an Ellensburg gift and wine shop. Attendees will be given two sips as door prizes for wine tasting.

"I'm trying to expand my business and I thought it was a great opportunity to expand to new people," said Linda Schantz, owner of Gifts of the Vine. "It is another opportunity for us to participate at the college and make that connection."

At the expo, Schantz will be giving out wine samples to attendees with sips. Attendees will also be able to register for gifts.

In addition to wine, which mainly comes from the Pacific Northwest, Gifts of the Vine carries wine accessories such as glasses, women's accessories like handbags and jewelry, and foods that go well with wine, such as cheese.

"[Attendees] will see what Ellensburg has to offer," Schantz said. "They don't have to go to Seattle to have a wedding or plan for a wedding."

The Wedding and Event Expo also gives the university a chance to showcase some of the resources that are available to those planning an event.

The SURC Ballroom was chosen as the place to hold the expo not just because it is a large room, but it is also suitable for holding events such as weddings.



PHOTO COURTESY OF THE CWU PUBLICITY CENTER

WEDDING EXPO Spectators gather around at last year's Winter Wedding Expo in the Student Union and Recreation Center Ballroom as vendors show their different displays.

Woman's Voice in Music

Concert held in honor of women's suffrage centennial

BY ELIZABETH DEVOS | Staff Reporter

At 4 p.m. on Sunday, Feb. 7 in the concert hall, Central's music department, in collaboration with the Women's Suffrage Centennial, will host a concert called The Woman's Voice in Music. The concert will not only showcase faculty at CWU.

The concert will also spotlight women in a once male-dominated vocation according to Jeffrey Snedeker, professor of horn.

Every month for this academic year, Central is putting on a program in celebration of the Women's Suffrage Centennial.

This concert is an opportunity for students and community members to hear the talents of the music department first-hand.

The concert will consist of varied musical styles and sounds from voice to brass. According to a press release, the composers will be women who are known locally, regionally and internationally.

"It's really nice to explore the female voice repertoire," said Nikolas Caoile, director of orchestras. "I've never really looked at this repertoire before, I usually choose male composers."

Composers being performed include Lori Laitman, Pauline Garcia Viardot, Margaret Brouwer and

Rebecca Clarke. According to Elaine Ross, coordinator of music theory and composition, two of her own compositions will be performed. Most of the composers are lesser known or up-and-coming composers.

"It's really nice to explore the female voice repertoire. I've never really looked at this repertoire before, I usually choose male composers."

NIKOLAS CAOILE
Director of orchestras

Mia Spencer, voice performance professor, said it's always nice to celebrate the talents of women. Women composers have been neglected for a long time in this profession.

"The pieces were chosen by various faculty on their own," and were also chosen if they thought that

it would present something interesting to be heard, Snedeker said.

Pieces will range from jazz, pop, classical, traditional and avant-garde. In all, 15 music faculty members will perform.

Faculty was asked if they would be interested in performing in this production at the beginning of the school year.

Many of the faculty have been working for months to prepare for this concert.

A few years back, Spencer had performed the four short pieces she and Barbara Pickett, professor of piano, will be performing at the concert.

"It's really great to be able to showcase talent like Lori Laitman," Spencer said.

According to Snedeker, the revenue from the concert will go towards supporting the Performing Arts and Presidential Speaker Series, as well as future scholarships for music students.

"You will hear a great variety of music and a lot of variety from our faculty," Caoile said.

Tickets for the event are \$15 for general admission and free for Central students with their connection card.




DAVID GUZMAN

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The 2009 Academy Awards

Ten Best Picture nominees is a little excessive

BY CHRISTINE JAHNS | Staff Reporter



On Tuesday, the nominees for the 2010 Academy Awards were announced. This year, the Academy chose to nominate 10 films for Best Picture instead of the normal five. I guess they chose to go back to some of their roots and add more nominees, but I think it would have been fine to stick with the five.

A variety of films have been nominated and all of them have won various awards, though most of them for individual actors, actresses or other more technical aspects of film. The ten films nominated are: Avatar, The Blind Side, District 9, An Education, The Hurt Locker, Inglourious Basterds, Precious, A Serious Man, Up, and Up in the Air.

Since I think it was unnecessary for the academy to nominate 10 films, I chose the films that should have been left out of the running: The Blind Side, District 9, A Serious Man, and Up.

The Blind Side is a heart-warming tale of a troubled young man who is taken in by a loving suburban family, shown his true potential and eventually becomes a successful NFL player. It is a good film but the nomination is surprising to me. The main thing that really makes it stand out is Sandra Bullock's performance as Leigh Anne Tuohy. Since Bullock is already nominated for Best Actress in this role, the nomination seems pointless.

I would also leave off Up, Pixar's latest animated film about an elderly man who embarks on a mission to fulfill his childhood dreams of exploring South America. I think the movie only belongs in the Best Animated Feature Film category, for which it is already nominated. It seems unfair to place Up in both Best Picture and Best Animated Feature categories.

The Coen Brothers' latest film A Serious Man, is a dark comedy centered around Larry Gopnik (Michael Stuhlbarg), a professor whose life begins to unravel as things begin to steadily move downhill. Although it has a compelling story, I think some of the darkness and unrelatable characters keep me from including it with the rest of the films.

District 9 was somewhat of a surprise to the film community and proved to be a very powerful movie. A race of aliens is stranded and forced into an impoverished compound in South Africa but they soon find an ally in a government official who is infected by their biotechnology. The film got great reviews and viewers took a liking to it but of the nominees, this twist on the modern sci-fi thriller, just barely missed the mark. District 9 was a good film but just not good enough.

Obviously I only decided to leave out four films because the fifth film I really want to leave off is Avatar - but

as the frontrunner to win the award, I felt I had to leave it on the list. Despite the love affair America and the rest of the world have with this film, I do not think it deserves Best Picture.

I cannot deny that Avatar has changed visual and special effects forever. The world that James Cameron created is stunning and unbelievable and had me completely engrossed in the film, but groundbreaking effects are not enough to award this film Best Picture. The story has glaring similarities to Dances With Wolves and Fern Gully, the dialogue is cheesy and cliché, and the characters are sometimes flat and simplistic.

I am all for Avatar for winning best Visual Effects, but I will lose a lot respect for the Academy if they chose it for Best Picture. I'm already mad at The Golden Globes for giving it Best Picture, I can't lose the Academy too.

Now the film I would pick for Best Picture is Inglourious Basterds, but that may be because I have not seen The Hurt Locker yet. I am a huge Quentin Tarantino fan and I loved every minute of Basterds but I understand that Tarantino is an acquired taste. He does not always appeal to the masses, especially when he changes the course of WWII.

A more realistic outcome is that The Hurt Locker will win out against Avatar. As I said before, I have yet to see the

film but going by what critics and average movie-goers are saying, they like it better than Avatar. On rottentomatoes.com, the combined average of the top critics and site member's reviews gave it a 97 percent overall whereas Avatar only got an 82 percent overall.

This site does not reflect what everyone thinks, but it gives a well-rounded view of the films and the aspects of a variety of people. From that and other sites like imdb.com and Yahoo! Movies, I realized that The Hurt Locker may be a better choice for Best Picture.

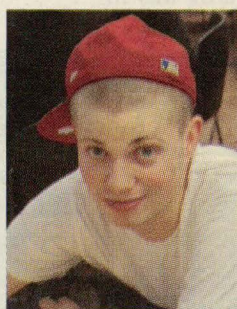
The movie follows three members of the Army's Explosive Ordnance Disposal (EOD) team or bomb squad technicians, at the beginning of the Iraq War. Together they battle the stresses of war and the pressure that comes with their job. From what I gather, this film delves into the psyche of the human mind and explores how it is shaped and changed during combat.

As for Precious, An Education and Up in the Air, they all have certain qualities that make them worthy opponents, but something about them just does not send off the "Best Picture" vibe. I find it unlikely that any of these films will win but the Academy has surprised people before and I won't put it past the voters to do it again.

The 82nd Academy Awards will be telecast at 5 p.m. on March 7 on ABC.

What are your 2009 movie picks?

Central students weigh in on their picks...



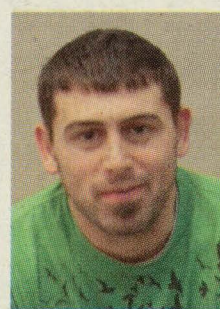
"‘Avatar.’ The 3D was cool. I don't really remember what other movies came out in 2009."

Derek Coburn
Visiting student



"‘Inglorious Basterds’ - I'm a huge Quentin Tarantino fan, and it got eight [Oscar] nominations, so that says something."

Haley Lewis
Junior, Film/Video Studies



"‘The Hangover’ - it was probably one of the best comedies of all time. An instant classic."

Geoff Middleton
Senior, Music Education

VISUAL STIMULATION



PHOTO BY PETE LOS

"All water has a perfect memory and is forever trying to get back to where it was." – Toni Morrison


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MUSIC REVIEW

Black Sabbath compilation showcases classic lineup

BY JOSH CHAFFIN | Staff Reporter

Hi, my name is Josh and I am a proud rockoholic. Growing up, the music I listened to was greatly influenced by what my parents listened to. Whatever was on in the car is what I tended to like, and thank goodness what was on, was good old rock and roll.

For those of you who have never partaken in the wonderful genre of rock and roll and have a desire to try it out, a good place to start is with Black Sabbath. It is pretty rare that I manage to find a band that can put out an album where I enjoy every track. Black Sabbath's album "We Sold Our Souls for Rock N' Roll" is one of those rarities.

I recommend this album to anyone: literally anyone. Babysitting your neighbor's two-year-old twins? Put on some Sabbath and rock out to "Iron Man" until they poop in their diapers. Driving your great grandmother Beatrice to the store? Blast track three:

"Paranoid" until she poops in her diaper. Competing in the county chess tournament? You better make sure you have track seven: "Fairies Wear Boots" playing to ensure decisive victory.

"Iron Man" and the guitar riffs and solos in nearly every track by Tony Iommi.

I think what draws me most to this band is how they pioneered the hard rock genre. Bands today have more than 40 years of different artists and music to influence their sound, from a huge range of genres. Sabbath got their start in 1968 and had no real heavy rock to listen to. What, maybe Elvis? The Beatles? Sabbath brought a whole new sound to music and helped usher in the rock of the 70's, 80's and beyond.

It's hard to express the heavy metal roller coaster this album will take you on, so I recommend you check it out yourself.

Check out the official Black Sabbath

Web site:

www.blacksabbath.com



"We Sold Our Souls for Rock N' Roll" does a great job at showcasing all the talents of each band member. From the sentimental vocals from Ozzy Osbourne in "Changes" to Geezer Butler's bass solo in "N.I.B.," Bill Ward's fills in

the SCOOP

4 Got Stress?
Reality Check
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5 Red Cross Blood
Drive
Nicholson
Pavilion 109
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8 Monday Movie
Madness Pres-
ents "Inglourious
Basterds"
SURC Theatre,
7 p.m. - FREE

4 OPR Outdoor
Speaker Series:
"Bark"
SURC 137B
7 p.m. - FREE

5 "509 For Haiti"
Benefit Concert
and Art Auction -
Raw Space
4 p.m. - 12 a.m.
Admission is free

February
4 - 10

The Exceptional Brew

Olde School Barleywine: beer with an identity crisis

BY DAVID GUZMAN | Scene Editor



zone – I decided to try a style of beer that is completely alien to me, and one that many beer freaks might not be too familiar with: the barleywine.

Barleywine? Even the name “barleywine” is troublesome. So, is it wine? If it’s wine, did someone add barley to it? Or is barley used in place of fruit? The combination of wine and barley sounds disgusting.

I can assure you this: my pick for this week, Olde School Barleywine from Dogfish Head Brewery in Milton, DE, is NOT disgusting.

But it is the most puzzling brew I’ve ever had, and even as of this writing, I’m not completely sure of how to rank it.

Olde School may be a high-quality beer, but it has some issues. Mental issues.

Well, first, some background. Barleywine is not wine – it is a type of ale, originating in England, and has a stupidly high amount of alcohol.

To balance the dominant alcoholic bite that comes from a strong beer,

brewers use super-sweet malts and tamer hops, which can often mimic fruit flavors and create a beer that is an awful lot like wine.

Most barleywines range from about 8.5 to 12 awesomeness-by-volume, or ABV. Your everyday beer averages at about 4-5 percent, while your average wine is around 12-14 percent.

Olde School boasts a 15 percent ABV.

See? Mental issues.

Upon opening the nifty 12 oz. bottle (pictured), I immediately smelled the near-noxious sweet fumes sneaking out of the bottle.

This is way fruity – raisins, grapes, plums,

prunes, and apple cider – and the alcohol. I can actually smell the alcohol in this beer. Awesome.

Olde School is actually fermented with dates and figs, which explains the major fruitiness and makes me question why it’s so ashamed of being... well... a beer.

I poured Olde School into a pint glass and marveled at the thick, cidery body, and the fizzy golden amber color. The boozy fruit smell is almost intoxicating on its own.

And the taste...this is definitely unlike any beer I’ve ever had. It overwhelmed my mouth, and it took a while for my tastebuds to get accustomed to this new discovery. This barleywine is far from a beverage you can slug down on a hot day.

Olde School demands you sip it. It demands you take note of its syrupy sweetness, its raisiny tartness and the notable warmth you feel in your gullet after you swallow. It also demands you talk about whether or not Stockhausen was directly or indirectly influenced by Stravinsky.

This is freakin’ wine.

Is this a bad thing? I’m definitely not a wine enthusiast, but I do like

a good glass of wine. I like to think of Olde School as a gateway beer, for those who are totally into the wine thing, but stay away from what they might perceive as the cheapness and non-complexity of beer.

I don’t know what to say about the malt presence in this brew – the fruit destroys any of it that I could possibly taste.

The hops are very subtle, but they rear their head once the beer sits on your tongue for a while, and especially when it starts warming to room temperature.

One other neat thing about this beer: the longer it sits out, the more complexity it throws at you. It actually becomes easier to drink and is more enjoyable. Let’s see Budweiser pull off a feat like that. But I guess Budweiser is beer.

And Olde School is freakin’ wine.

But aside from this beer’s obvious identity crisis, I found it a refreshing change of pace. This is for those of you who like your beers to be manly and muscular, with a saccharine sweetness to boot.

Oh, and with its ridiculous 15 percent ABV, one bottle of Olde School is enough to keep you from driving (legally). Enjoy it on those nights when you can’t decide whether to have a glass of beer, a snifter of merlot, or a shot of vodka.

Olde School is amazingly complex, uber-sweet, unabashedly alcoholic and completely boggles my mind.

I’m impressed.

To learn more about Olde School and to check out some other great brews, visit:

www.dogfish.com

Oh, and bookmark my blog already.

You can find it at:

exceptionalbrew.blogspot.com

Palace Cafe brings \$1 drinks back

BY LINDSY WHEADON | Staff Reporter

They’re back! As of last week, The Palace Bar has brought back their \$1 drink specials every Tuesday, Wednesday and Thursday after 9 p.m.

The \$1 drink specials include dollar wells, as well as tequila Tuesday, whiskey Wednesday and vodka Thursday.

According to Palace bartender and waitress Ashley Mundy, The Palace eliminated their \$1 drink special to stay in accordance with the heightened regulations on over-service of alcohol downtown, but they now feel otherwise.

“We’re going to do it again and bring back our original \$1 drinks,” Mundy said. “This time we can see if we can better manage it.”

Dollar drinks were a Palace favorite for many, and Mundy says that bringing them back has already brought a “business boost.”

According to senior family studies

major Amber Hendrix, dollar drinks were a student favorite.

“I’m happy they decided to bring them back,” Hendrix said. “The Palace’s cheap drink specials were always a reason for my friends and I to make a stop there.”

Not only is the \$1 drink menu cheap, but the assortments of drinks makes it satisfying for any taste.

“The dollar wells are versatile and you can switch them up,” Mundy said. “You can get a beer or even your favorite mixed drink for only a dollar.”

According to Mundy, while \$1 drinks are back for now, patrons should still be responsible drinkers.

“We want people to be aware that there will be limits, and we will be cutting people off due to the past circumstance that we’ve dealt with,” Mundy said.

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Central back on track
Sprinker dominates down low for Wildcats

BY KEVIN PROCTOR | Asst. Sports Editor

Basketball Stats

Thursday 1/28:
Central 73 - Montana State 57

Player	Min	FGM-A	Rebs	Ast	Pts
Clyde	19	1-5	8	1	4
Sivak	18	0-3	3	0	5
Sprinker	25	9-11	9	0	20
Clift	34	4-9	2	4	13
Perez	34	5-9	2	4	11
Snowden	10	1-4	1	2	3
Miller	5	1-2	1	0	2
Cook	24	5-9	5	0	11
Shelton	5	0-1	0	0	0
Gibler	23	2-3	6	6	4
Nelson	3	0-0	0	0	0

GNAC Standings

Conference Overall

	W	L	W	L
Seattle Pacific	7	0	16	2
Western Washington	6	2	19	3
Central Washington	5	2	11	6
Northwest Nazarene	4	3	12	6
Alaska Anchorage	3	4	12	6
Montana State Billings	3	4	9	7
Western Oregon	2	5	9	9
Saint Martin's	1	6	11	7
Alaska Fairbanks	1	6	6	10

Saturday 1/30:
Central 83 - St. Martin's 68

Player	Min	FGM-A	Rebs	Ast	Pts
Clyde	29	4-7	13	3	8
Sivak	19	1-4	4	2	7
Sprinker	29	6-10	9	0	15
Clift	31	2-7	1	6	8
Perez	29	4-9	4	3	12
Snowden	3	1-2	0	0	2
Cook	21	6-11	0	0	15
Gibler	17	3-5	8	1	8
Tyler	19	3-3	4	3	8
Nelson	3	0-0	1	0	0

With Central coming off back-to-back losses in Great Northwest Athletic Conference (GNAC) play, the Wildcats needed someone to step up big last Thursday in order to get their season back on track. Junior center Chris Sprinker was the man for the job, posting 20 points and 9 rebounds on 9-11 shooting in a victory against Montana State Billings (MSU).

Sprinker followed up Thursday's effort with a 15 point, 9 rebound performance on Saturday against St. Martin's University, leading the Wildcats in consecutive wins on the road.

"Our confidence was a little low after those two losses on our home floor," Sprinker said. "Coaches all week were telling us we have to keep our confidence up in practice and come out hard against Montana State."

Central now stands at 11-6 overall, and 5-2 in GNAC play.

After a disappointing loss to Western Washington University two weeks ago, the Wildcats needed to regroup and come together with seven of their next nine games on the road. Central had been shooting poorly from the field in their last two losses, and with MSU undefeated on their home court this year, good shooting and strong defense would prove to be crucial for the Wildcats.

"That was a big win for us. Everyone contributed, and we played great defense," junior guard JC Cook said. "We have to get back to winning on our home floor now."

During the first half, neither team could separate from each other as both schools traded baskets for much of the first 20 minutes. By halftime,

Central led by four, 34-30, despite limiting the Yellowjackets to just 31 percent shooting in the first half.

In the second half, Central concentrated on getting the ball down low. Sprinker responded by shooting a perfect 6-6 from the field for 12 points, also grabbing 6 rebounds in the final 20 minutes.

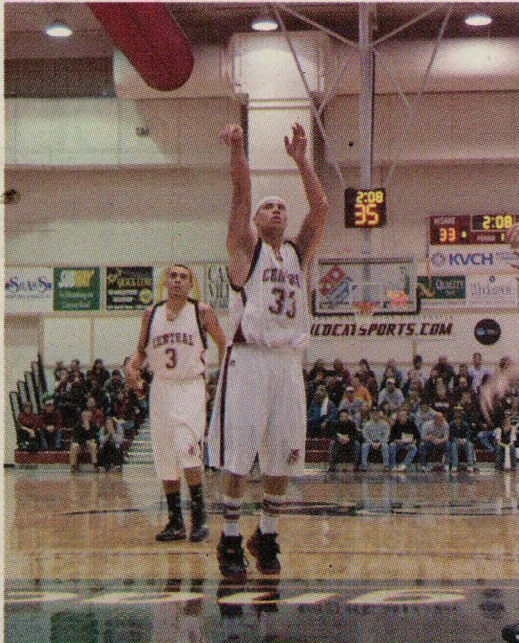
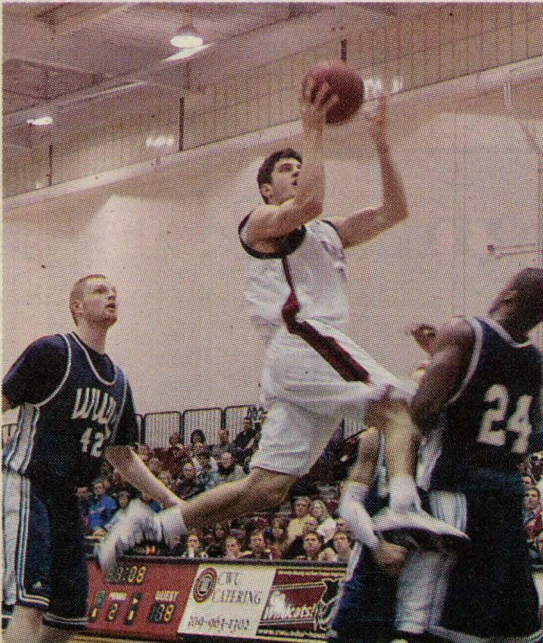
"Coaches were telling me to run the floor hard, and really be physical and take it to them," Sprinker said.

With the offense picking up for the Wildcats, their defense remained stagnant, limiting MSU to just 27 points in the second half, as Central pulled away mid-way through the period. With Sprinker dominating down low, the Wildcats rolled to a 73-57 victory over Montana, snapping their two-game losing streak. Junior guards JC Cook and Humberto Perez had 11 points apiece, while senior guard Jon Clift finished the game with 13 points and 4 assists in 34 minutes of action.

"Our bigs, Roby and Chris, have been doing a good job protecting the paint and blocking shots," Perez said. "Defensively we were able to get a hand up on their shooters and force them into some bad shots."

After giving MSU their first home loss of the season, Central looked to keep their momentum against St. Martin's last Saturday night. Despite being just 1-5 in GNAC play, the Saints single win came against Western Washington, ranked 15th in the nation.

CONTINUED ON P.22



NATE WALLEN

CENTRAL VS. WESTERN After losing to Western two weeks ago, Central bounced back with back-to-back road victories last week, improving to 5-2 in conference play.

Track has strong showing at UW Central optimistic about up-coming events

BY MICHAEL REED | Sports Reporter

Only a few Wildcats attended the high standard, two-day track meet at Dempsey Indoor in Seattle Jan. 29 & 30, but that didn't keep them from making their presence known. The Wildcat track stars made their mark on the score books.

During senior Tyler Fischer's shot put event, he suffered a slightly pulled groin muscle. However, it didn't phase him, as he threw 49-ft 4-1/2 inches, a personal best for Fischer.

"I felt very prepared for the events, practice had gone very well throughout the week, so it was great to see some good marks as a result," Fischer said. "I was really pleased with my performance- everything is starting to really come together, and feeling good."

As for his injury, he might have to stick to weight throw for the next meet unless he heals before then, but only time will tell.

Despite the injury, Fischer came out on top of the weight throw. He placed 7th with a throw of

58-ft 4-1/2 in. His throw put him on the national ranking list for Division II in approximately 21st place.

"I would like to see myself move up on the national standings list a little bit farther to see if I can make the trip to nationals," Fischer said. "That will just come with more practice, drills and further preparation."

Sophomore Bryan Mack came into the meet feeling very confident and focused, but finished just short of the charts in the 60-meter dash.

"I didn't do as well as I hoped to, but I ran a faster time than I did at this point last year so

I'm definitely optimistic about the coming meets," Mack said. "There's technical aspects of my race that I need to address, my drive phase was weak but that's something that will develop over the future weeks of practice and competition."

Mack is very confident that his coach will make

him the best sprinter he can be.

Sophomore Rendel Jones fell short of the charts in high jump along with freshmen teammate Brennan Boyes.

"I prepared from all the training that I have done. I was really nervous, but once I stepped on the runway all of those feelings went away," Jones said.

Although Jones did not do as well as he had hoped, he is glad he will have more opportunities to compete. He hopes to improve on his approach down the road for future meets.

The Wildcats will travel to Moscow, Idaho for the Vandal Indoor Feb. 5 & 6.

"...once I stepped on the runway all of those feelings went away."

Rendel Jones
Sophomore Jumper

Upcoming Events:
2/14 UW Open Seattle
2/19-2/20 GNAC Championship
Nampa, Idaho
2/27 D-II Last Chance Qualifier
Seattle



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Wildcats win back-to-back on road

Duerr's career-high 24 points leads Wildcats

BY MICHAEL WINKLER | Sports Reporter

Central bounced back from a tough loss to Western Washington University last week and is now on a two-game winning streak.

Last Thursday the Wildcats traveled to Lacey, Wash. to take on St. Martin's. Central came to play, earning a 78-69 victory with their hot shooting, making 9-18 three pointers, plus 88.3 percent from the free throw line and 55.1 percent from the floor.

Central battled with St. Martin's for the lead most of the first half, but the Wildcats went

"We were ready for a re-focusing week of practice."

Sara Bergner
Senior Guard

on a late run, scoring seven straight points to take a one-point lead heading into halftime.

"Since we've been starting games poorly and coming out of halftime poorly, we're focusing on winning each four minute segments," Head Coach Jeff Whitney said.

The two teams remained close for most of the second half, until Central went on another run with 5:23 left in the game, pushing their lead to 12 and sealing the victory for the Wildcats.

In her first start this season, junior guard Jen Jacobs led the team in scoring with 19 points, while senior guard Sara Bergner put up

18 points, leading Central to a 78-69 victory over the Saints.

Two days later, the Wildcats picked up where they left off, stealing another win on the road against MSU Billings on Saturday.

Junior Brittany Duerr had a break-out game, pouring in a career high 24 points as the Wildcats completed a dominating 83-64 win.

"We were ready for a re-focusing week of practice," Bergner said. "We knew that the next two games were winnable."

Central stayed on top the entire game, never trailing once to MSU Billings. Sophomore guard Sophie Russell added 19 points, while Bergner put up 11 points and had a game high six assists.

Central looks to keep their streak going tonight at Nicholson Pavilion, where they take on nationally-ranked Seattle Pacific at 5:15 p.m.

Women's Home
Schedule:
2/18 vs Northwest
Nazarene

3/4 vs St. Martin's
3/6 vs Montana State
Billings



BRIAN IYAMA

CENTRAL VS. WESTERN OREGON Freshman forward Stacy Albrecht goes up for two points against the Western Oregon Wolves.

Wildcat softball in spotlight

Holtman, Wallace honored in Olympia

BY KEVIN PROCTOR | Asst. Sports Editor

Two years ago, the Central Wildcats women's softball team did something that was unprecedented in school history. It wasn't winning the big game, it wasn't setting any school record; it was simply an act of sportsmanship in its finest form.

In a game against Western Oregon, Sara Tucholsky hit her first collegiate home run against Central. After the blast, Tucholsky injured her knee, and was not able to finish running the bases. She needed a pinch runner to finish her run.

However, the ruling on the field is, if a pinch runner came in she would have to forfeit the homerun because she was unable to continue the play.

When Central's Mallory Holtman and Liz Wallace saw the situation, they decided to step in and help. Rather than forcing WOU to use a pinch runner, Holtman and Wallace lifted Tucholsky, carrying her around the base path, so she would be credited with the home run.

Although Central ended up losing the game, all in attendance would never forget the selflessness of two Wildcat players.

As the story circulated the state, ESPN eventually got wind of the story and did a feature on the girls a few months later. The feature ended up winning an Excellence in Sports Performance Yearly Award (ESPY) award in 2008 for "Best Moment."

A year and a half later, the Washington State Senate is recognizing the two former softball players as well. Last week on Jan. 27th, the Senate in Olympia adopted a resolution (SR 8685), to honor both Holtman and Wallace for their inspirational act of kindness.

With the ultimate display of sportsmanship on hand, both girls have represented Central Athletics as all student athletes should strive for across the nation. Their act of compassion will not be soon forgotten at Central Washington. It is an example of what all sports today should look like.

Rugby season in full swing

CWU teams come together on and off the field

WOMEN'S

BY ROBYN SWANSON | Sports Reporter



COURTESY OF MEN'S RUGBY

RUGBY VS. CAL STATE The men's rugby team face off against California State March 25 2009.

MEN'S

BY BEN PITMAN | Sports Reporter

The CWU men's rugby team opened the 2010 season with a road trip to Canada. On Jan. 23, Central competed against the University of Victoria, where CWU won 14-10.

The second trip on Jan. 30 brought them to the University of British Columbia, however, it did not turn out as well, with the team losing 31-7. Team president history major, Aaron Lee, is encouraged and ready to move forward from these first two road games of the season.

"I think we came out of it with a lot of learning experience," Lee said. "We learned a lot playing against two high-caliber teams like them."

The CWU coaches, including Head Coach Bob Ford, along with Assistant Coaches Tony Pacheco, Dusty Webber, and Jason Weir, have set challenging yet achievable goals for the team.

"It's good for the guys to play international events," Ford said. "The best part of that is culture as well as the guys getting prepared for international travel, so it's a good thing for them."

According to Coach Ford, the coaching staff plans to build athletes to go on the national team. Most of the national teams' assemblies require athletes to travel outside of the country.

This is a great way for the athletes to go through the process, get the proper documents in place, and be in a position to take advantage of opportunities as they become available.

"I think it's an extension that they're learning community in a major way," Ford said.

The coaching staff puts in long hours while working completely voluntarily.

"We as coaches contribute both in our time and money to support those guys in their efforts," Ford said. "This group of guys we have [are] special, this is the 38th class of rugby players to go through this

institution. They do the hard work. They're in the weight room at night. They're taking care of their bodies; they are lifting and getting the cardio workout they need, and meeting with the trainers, they come and come focused, they come to work, really hard."

To become a member of the CWU men's rugby team, one must maintain a 3.0 GPA, have health insurance, and pay annual dues. The requirements to become a member may look simple when written on paper, but the challenge is to uphold the expectations set by not only fellow teammates, but by the coaches.

The CWU men's rugby team belongs to the Pacific Northwest Collegiate Division-I, a member of USA Rugby. Division-I includes the University of Washington, Washington State University, University of Oregon, and Oregon State University.

A player on average will spend 12-20 hours a week on personal conditioning, film studies, lifting sessions, as well as the scheduled team practices. Lee also recognizes the need for academic success among his fellow teammates.

"Our coaches really stress to us that we are student athletes, not athletes and then students. We are trying to emphasize that a lot," Lee said.

The athletes pride themselves for working together as a unit.

"We are a club in the sense of the university, a collegiate sports club, but we absolutely are a team. I think that's evident that every time you have an organization that's competing in a sport, you are a team," Ford said.

For more information about how to become a member of the CWU men's rugby team, contact club President Aaron Lee through the CWU email, or come to the Rec Center and see the team practices Monday, Wednesday, and Friday mornings from 6 a.m. to 8 a.m.

CWU's women's rugby team has been working hard to create a name for themselves this season, and now are ready to show everyone what they are made of.

The team meets three days a week, where they work on the skills needed to beat teams from various universities such as Western Washington University, University of Washington, Seattle University, Western Oregon University and Washington State University.

Although the majority of the players this season are new to the sport, it doesn't mean they don't have a chance.

"The coaches say we have a lot of good potential," said Dalziel Dyson, senior exercise science major. "A little fine tuning and we could go far."

The coaches this year are former players of the men's rugby team and have brought their experience to the women's team. They have taught them new rules and techniques about the sport that will make the team more competitive.

"My first year we didn't have any coaches," Dyson said. "We have been really fortunate to have fulltime coaches this year."

However, one thing that can't

be coached is camaraderie; and the team has no problem in this area.

The team is more like a family. They are there for each other through ups and downs, wins and losses.

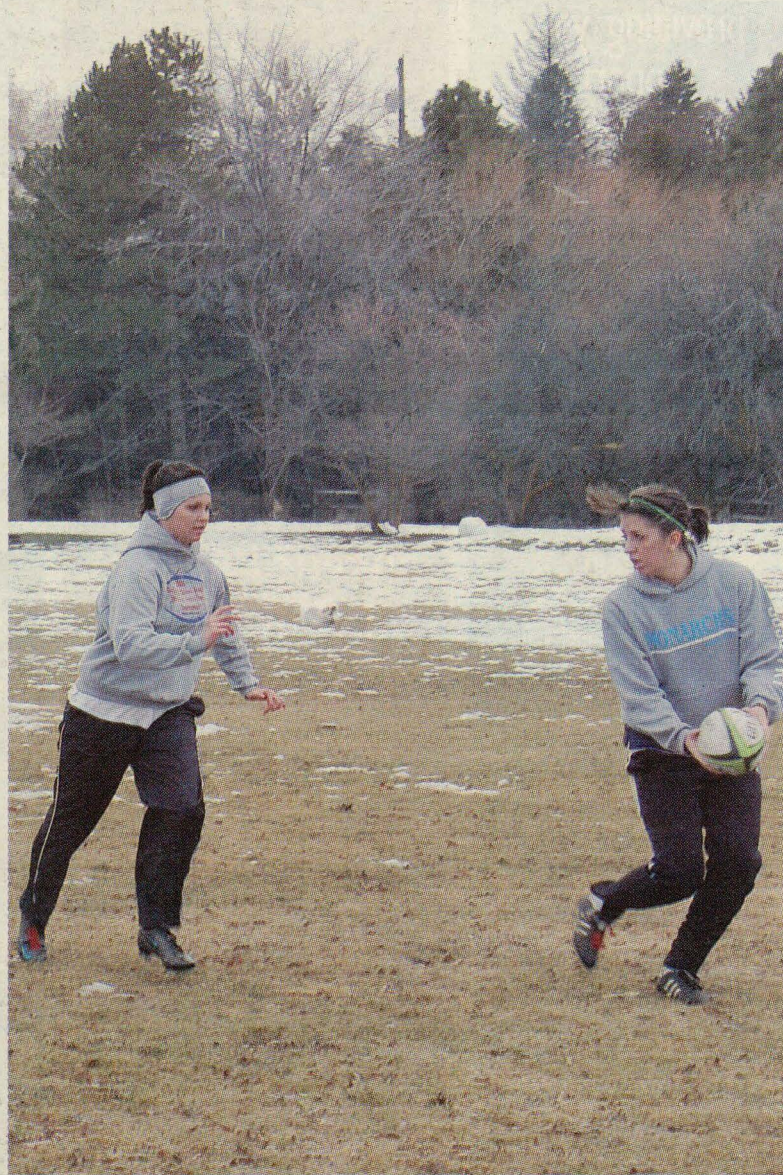
They socialize after every game, doing things together like watching movies, eating dinner, bowling and even tackling the challenge course when it is open.

"We have come through a lot," said team captain Christina Zier, senior exercise science major. "Every game we play, whether we win or lose, we come back eager to learn and compete again."

The outlook for the team from the coaches' point of view is bright for this season. Two years ago, the team made it to the playoffs and the players are hopeful they can make it again this April.

Students and the public are invited to cheer on the team at the home matches on Feb. 27 and March 13 at the Community Fields.

"I wish we had more supporters," said Kalica Chase, sophomore nutrition major. "Rugby is nothing like you have ever seen before. I guarantee after you watch a game, you'll be in love."



NATE WALLEN

RUGBY PRACTICE The women's rugby team practices in the snow to prepare for their matches at the end of the month. The team will play on Feb. 27 and March 13 at Central Washington.

BASKETBALL
CONTINUED FROM P.18

St. Martin's got out to an early 15-10 lead less than seven minutes into the game, until Cook sparked a 13-1 run off the bench, giving the Wildcats a 23-16 advantage with 8:32 left in the first half. St. Martin's cut the lead back to one late in the period before Cook made a layup to send the Wildcats into halftime with a 42-39 lead.

Cook led all scorers with 13 points in the first half on 5-7 shooting off the bench.

"My knee is getting close to 100 percent again," Cook said. "The coaches told me they wanted me to be more aggressive and get back to what I was doing before the injury."

As play resumed in the second half, Sprinker again began taking over for the Wildcats. Held scoreless in the first 20 minutes, Sprinker poured in 15 points in the final period, missing only one shot in the second half.

Again, Central's defense picked up in the second half as well, holding the Saints to a mere 32 percent shooting for the game. Despite a late run, Central would end up holding off

the Saints, winning the game 83-68.

With their deep bench, Central out-scored St. Martin's 33-6 in bench points, proving to be the difference of the game. In his third game back from a knee injury, Cook scored 15 points off the bench while junior guard Toussaint Tyler and senior center Coby Gibler chipped in with 8 points each.

At 5-2, the Wildcats sit third in the GNAC standings behind Western Washington (6-2) and Seattle Pacific (7-0). After two big wins on the road, the Wildcats will face undefeated Seattle Pacific at home tonight at 7 p.m. in Nicholson Pavilion.

Central will need to slow down Seattle Pacific's sharp-shooting point guard, Chris Banchemo (18.2 ppg) in order to knock off the first-placed Falcons.

Men's Home

Schedule:

2/20 vs Northwest

Nazarene

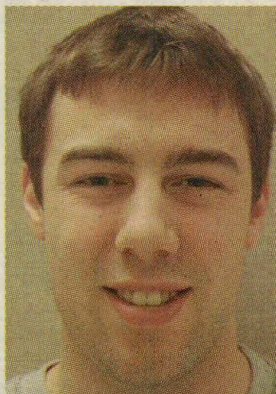
3/4 vs Montana State

Billings

3/6 vs St. Martin's

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Brett, you have gone too Favre

BY KEVIN PROCTOR | Asst. Sports Editor



After losing last week to the New Orleans Saints, 31-28, the 2009 NFL season is over for the Minnesota Vikings. And so the saga continues, of whether or not Brett Favre is going to retire or come back for yet another season. Of course, even if he "retires," does anyone really believe he won't be back next year?

Before I continue, let me give some background of the relationship between Mr. Favre and myself. We used to be cool, in fact we used to be quite good friends. He played quarterback for the Packers, and I was just another avid NFL football fan that respected all that he had accomplished.

But then something happened that was the beginning of the end of our relationship: Brett Favre turned into a diva, a prima-donna if you will, and began to think he was bigger than the game itself. Today, I can't stand the man. In fact, I downright despise him. There is not a single player in sports history that I dislike more than Brett Favre.

How did we get here?

After the last few years of contemplating retirement, Favre finally decided to hang 'em up in March of 2008, after the Packers lost to the Giants in the NFC title game. In an emotional press conference, Favre announced his retirement and it appeared his career had finally come to an end.

If only it had ended there. Three months later, Favre said he wanted to play again, and the Packers agreed to trade him to the

Jets. That year, after starting off 8-3, the Jets imploded, losing four of their last five games, while Favre threw nine interceptions during that stretch.

After the season, Favre announced his retirement on Feb. 12, 2009. Again.

By June there were rumors that Favre wanted to play again; this time for the Minnesota Vikings. However, by the end of July, Head Coach Brad Childress announced that Favre had decided to stay in retirement, not wanting to put himself through the grind of another season.

Well I guess he was kidding, because three weeks later Favre was back, signing a one year contract with the Vikings on Aug. 18.

Fast forward to last week, and I can't begin to express the joy I had seeing Favre throw his last interception against the Saints that cost Minnesota the game, and a trip to Super Bowl XLIV. I was as excited as a

10-year-old on Christmas morning.

But then I remembered I have to listen to Sportscenter for the next five months talk about Brett Favre and if he is coming back. Again.

Favre is one of the best quarterbacks to ever play the game. No one can question that. But what I don't understand is why everyone gives him a free pass for stringing along teams for months and months, only to finally retire, then change his mind a month or two before the season starts.

It's not fair to the coaches, the other players or the fans. To me, it seems as though Favre just likes the attention. How else can you explain his behavior? He reminds me of a 5-year-old at Toys 'R Us, kicking and screaming until someone gives him attention.

I have no problem with Favre playing until his body won't let him anymore. After all, he had a great season in 2009. Either way, make a decision and stick with it Mr. Favre. You aren't a 17-year-old high school girl trying to decide which prom dress to wear. You are a professional football player. Please, for the respect of the game, start acting like one.

Then maybe we can be friends again.

"You aren't a 17-year-old high school girl trying to decide which prom dress to wear."

Kevin Proctor
Asst. Sports Editor

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- disability,
- ethnicity/national origin,
- sex, gender or gender identity and gender expression,

please call the CWU Incident Response Coordinator at 963-1685 or file an online report at www.cwu.edu/~diversity and click on Report Discrimination.

THIS SATURDAY! CWU Student Union & The Daily Record present...

Winter Wedding & Event Expo

2nd Annual

\$3 per person, \$5 per couple
Free for children 12 & under

Saturday **February 6, 2010**
11 a.m. - 4 p.m. • SURC Ballroom

Prizes & Giveaways
Wine, Beer & Food Tasting
Live Music

Consultants Invitations
Venues Florists Formal Wear
Gowns Salons & Stylists Bakeries
Photographers Catering Music
Ideas & More!

CENTRAL WASHINGTON UNIVERSITY
Your future is Central.

AA/EEO/Title IX Institution.
TDD 509-963-2143

www.cwu.edu/~schedule

WELLINGTON'S

A FULL SERVICE RESTAURANT OPEN FOR LUNCH SERVICE

WE ARE LOCATED BETWEEN
KAMOLA & SUE LOMBARD HALL
ON THE SOUTH END OF CAMPUS

FOR RESERVATIONS
CALL
509 963-1569

MON - THURS
11:30AM - 1:30PM

WE ARE CLOSED ON
HOLIDAYS & BREAKS



Ear Nose & Throat CLINIC

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BOTOX COSMETIC • JUVEDERM • RESTYLANE • THERMAGE
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CHERYL L. VARNER MD

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ELLENSBURG, WA 98926

509 962-5111

OFFICE HOURS

MONDAY THRU THURSDAY 8:30AM - 5:00PM

Introducing Latisse™!

The ONLY FDA approved product
indicated to **grow, lengthen,
thicken, and darken your eyelashes.**

Speak with the doctor and reserve the
product that's sweeping the nation! Now you too
can have the long luxurious lashes that you've always
wanted, and without the mascara!

\$100

Special Introductory Price

(while supplies last)

got lashes?



1938

1950

1962

1974

1986

1998

2010

LUNAR NEW YEAR CELEBRATING DINNER BANQUET

YEAR OF THE TIGER

11 OF FEBRUARY 2010

THURSDAY BALLROOM

5:30 P.M. - 8:00 P.M.

SCHEDULE

5:30-CHINESE DUMPLING MAKING DEMONSTRATION

6:00-TRADITIONAL FAMILY STYLE DINNER

DOUBLE HAPPINESS SHRIMP

GINGER CHICKEN

CHINESE BROCCOLI

LONG-LIFE NOODLES

AND MORE!!!

LIEU QUAN

LION DANCE TEAM

Ring in the New Year with South Seattle's Vietnamese American cultural treasure

*Ticket fees will be used to offset the price of food.

Anyone is welcome to view the lion dance performance (only) for free.

Ticket holders receive dinner and a reserved seat

Limited tickets* are available at the

Central Washington University

Diversity Education Center (SURC 253):

call 509-963-1687 or e-mail lienma@cwu.edu

\$5 CWU Students

\$7 General Admission

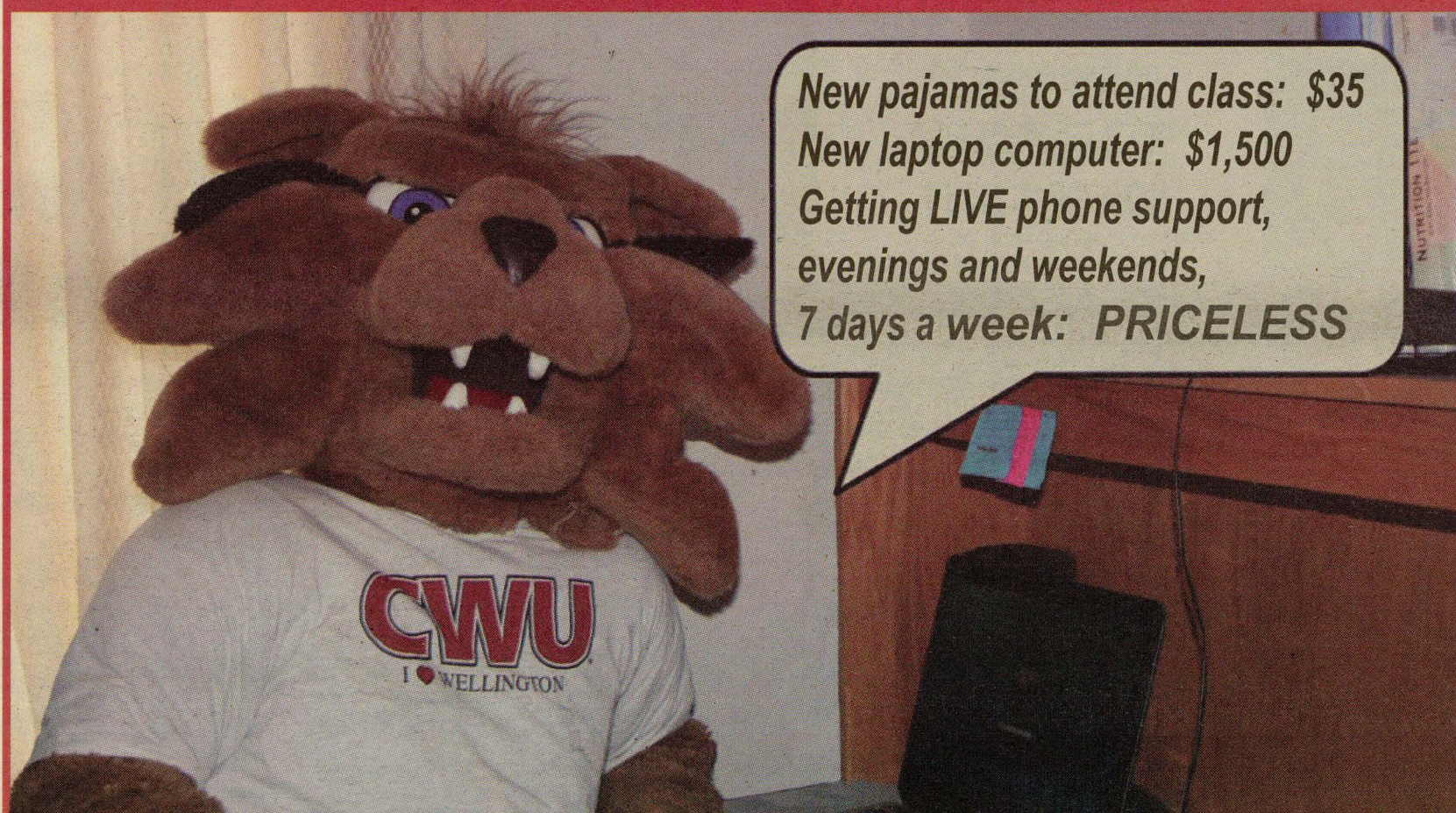
Sponsored by Asia Pacific Studies, APIA (Asian Pacific Islander American) Learning Living Community, Dining Services and Diversity Education Center.

CENTRAL WASHINGTON UNIVERSITY

CWU is an EEO/AA/Title IX institution. Persons with disabilities may request reasonable accommodations by calling the Center for Disability Services at 509-963-2171 or TDD 509-963-2143.

Information Technology Services, in conjunction with MTIS and eLearning Services is pleased to announce the new

Online Course Help Desk - 963-2001



Monday - Thursday: 5pm - 11pm

Friday: 5pm - 8:30pm

Saturday: 11am - 7 pm

Sunday: 2pm - 10pm

**Get Help Desk support, 7 days a week,
for all of your Blackboard LMS needs.**